#metoo

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Tuesday, October 17, 2017 metro.us | t: MetroPhilly | f: MetroPhilly

A social-media campaign has hundreds of thousands of women, as well as some men, sharing that they've experienced sexual harassment or assault. 4

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KIMBERLY M. AQUILINA, WEB REPORTER

I tweeted #MeToo today because I was sexually assaulted by a family member seven years ago. Less than a year ago, I finally had that moment where I took my power back. I don't need to scurry away in fear or have an anxiety attack when I see him and spin out of control for a week. He did wrong. Speaking out was the right thing. Whether you are the victim of catcalls, ogling from strangers or off-handed comments from the boss, you are not the problem when you speak up. You are not making everyone else's day worse. You are doing the right thing. And you will have your moment when you get your power back. Today Metro changed its logo to #Metoo to help raise awareness about the prevalence of sexual assault and harassment in our society. Read on or visit **metro.us** for our full coverage.

BERGDAHL PLEADS GUILTY TO DESERTION

1 Army Sergeant Bowe Bergdahl, accused of endangering fellow soldiers who searched for him after he walked off his combat outpost in Afghanistan in 2009 and was captured by the Taliban, pleaded guilty to desertion and misbehavior before the enemy. In court, Bergdahl admitted leaving his post in Paktika province in June 2009. He said he got lost after 20 minutes, was captured two or three hours later, and that he never wanted to put anyone at risk. "I was captured by the enemy against my will," the 31-year-old Idaho native told the hearing. "At the time I had no intention of causing search and recovery operations. ... It's very inexcusable." The offense of misbehavior before the enemy carries a possible life sentence. Neither side has said whether Bergdahl has entered into a plea agreement with prosecutors.

FBI: US POLICE DEATHS ON DUTY SPIKED IN 2016

2 Sixty-six police officers were killed on the job by felons in 2016, up about 61 percent from 41 deaths a year ago, the FBI said. The number was the second highest since 2011, when 72 officers were killed by felons, according to the FBI report. Attorney General Jeff Sessions in a statement called the numbers "shocking" and "unacceptable," and said the Justice Department would work toward reducing violent crime. The findings bolster the so-called Blue Lives Matter movement, which advocates tougher hate-crime sentences for the murder of police officers. It was launched in response to Black Lives Matter, and gained momentum last year after police officers were killed in both Dallas and Baton Rouge. Forty-one officers killed last year were employed by city police departments, and 30 officers were located in the South.

OPHELIA HITS

3 Huge waves strike the harbor wall and lighthouse at Porthcawl, South Wales, on Monday as Storm Ophelia hit the U.K. and Ireland. Ireland was hit by an "unprecedented storm" on Monday that left two people dead, 120,000 homes and businesses without power and closed every school in the country. The storm also sent strong winds over the southwest of England and the south and west of Wales.

5 THINGS YOU NEED TO KNOW

GETTY IMAGES

NFL SEEKS COMPROMISE SOLUTION TO PROTESTS

4 The NFL will try to find a way to move on from the controversial issue of players protesting during the national anthem before games when it meets with team owners in New York this week for a regularlyscheduled meeting. The gesture by players who say they are protesting racial inequality and injustice has picked up steam ever since President Donald Trump criticized the league last month for allowing players to do so. The issue is sure to command much attention on Tuesday and Wednesday when the world's top-grossing sports league meets with team owners, players and their union's leaders inside a Manhattan hotel. For its part, the NFL has said it will not seek a mandate for players to stand during renditions of the "Star-Spangled Banner" but rather seek out some form of compromise.

CUBA RESPONSIBLE FOR SOUND ATTACKS: TRUMP

5 President Donald Trump said on Monday that he believes Havana is responsible for a series of incidents that Washington thinks hurt at least 22 U.S. diplomats over a period of months in Cuba, prompting Washington to scale back its presence there. "I do believe Cuba is responsible," Trump told reporters at an impromptu news conference in the White House Rose Garden. "I do believe that. And it's a very unusual attack, as you know. But I do believe Cuba is responsible." The United States has not formally concluded Cuba carried out the attacks, some of which involved high-pitched sounds, but it has said Havana is responsible for ensuring the safety and security of U.S. diplomatic personnel and failed to do so. At least 22 diplomatic personnel were affected by the unexplained incidents.

POLL

Half of young women in the United States have received explicit images they did not ask for.

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Source: Pew Research Center

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Diversity dust-up: Philly Startups networker canned over 'whitesplaining'

Director of Philly Startups Leaders is out after defending herself against "whitesplaining" and crying during a panel discussion.

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A woman who led a network for Philly entrepreneurs has lost her job after being accused of "whitesplaining" and crying during a panel discussion on minorities in tech.

Yuval Yarden, the former executive director of the Philly Startup Leaders (PSL) group, a networking organization, has stepped down from her post after her discussion with Tayyib Smith, leader at Little Giant Creative Marketing and the Pipeline co-working space, grew briefly heated last Tuesday.

Members of Yarden's former group announced her firing Saturday and called her comments during the panel "disappointing, inappropriate and unacceptable."

Yarden and Smith were at a discussion organized by the Black & Brown Founders, a networking group dedicated to helping entrepreneurs of color get funding outside the traditional venture capital system.

The two first awkwardly clashed over a Diversity Dinner the PSL hosts, the mere mention of which provoked loud groans from Smith, video of the event shows.

"Don't invite me again," he muttered impishly, as Yarden asked aside from the microphone for him to let her discuss it "before you trash it."

Later in the conversation, when asked by the panel's moderator to share what programs and strategies can boost minority representation in tech, Yarden begins an awkward free-wheeling self-defense: noting that she is not a racial minority, but is a woman and immigrant. She then added, "That doesn't matter because right now in this conversation I feel really uncomfortable."

When Smith interrupts her, saying "'I feel uncomfortable about leaving my house in Rittenhouse Square every day," Yarden responds by asking him to "please just let me speak — it's really not fair," at which point Smith declares, "You're whitesplaining me right now."

Yarden, growing emotional, replied, "See that's what's making me uncomfortable. You're actually moving me to tears because of what you're saying."

Smith later elaborated, "See, I'm talking about issues, but you're taking this personally. ... I'm not trying to be your enemy. I see you as an ally."

The panel discussion dragged on for another 30 minutes with Yarden and Smith sitting peacefully beside each other before its conclusion. But the reverberations of that talk were still felt days later, with Yarden losing her position.

Yarden and Smith did not respond to requests for comment. But Smith seemed to tweet flippantly about the incident later, joking, "Everyone texting me about yesterday with that wretched child," with a GIF of Kanye West nonchalantly shrugging after snatching the mic from Taylor Swift in 2009.

PSL posted a message about Yarden's termination, signed by President Bob Moore, which stated the incident with Yarden was "a reflection of our poor efforts around diversity and inclusion."

The group said they hope to change that by adding diverse members to their Board of Directors, firing Yarden and by continuing the "conversation" at their upcoming Diversity Dinner.

Tayyib Smith, center, and Yuval Yarden, right, at a panel discussion hosted by the Black & Brown Founders that led to Yarden losing her job. COURTESY OF PHILLY STARTUP LEADERS

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SEPTA bringing back 'Hub of Hope' for the homeless

SEPTA, Philly partner up to reopen Center City "Hub of Hope" homeless service center.

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In winter of 2015, advocates for the homeless from Project HOME had to fight to keep open the "Hub of Hope," a one-stop services center in Suburban Station located inside a tiny storefront space and owned by a private landlord.

But now a newer, permanent Hub of Hope is in the pipeline, set to open in January 2018. And this Hub will look a little different.

"We're going into something that is almost 75 times bigger, an 11,000-square-foot facility," said SEPTA assistant general manager Fran Kelley. "We want people to be treated with dignity and respect."

You'd think SEPTA might be busy enough running the region's transit. But the subterranean concourse of SEPTA Suburban Station in Center City is a destination for homeless citizens escaping the winter cold. So, they decided to do something about it.

"Last winter, it was plainly obvious that we had a significant increase in the homeless population at Suburban Station," Kelley acknowledged. "We heard it from our customers, we heard it from everybody. ... So [SEPTA general manager] Jeff Knueppel and the city got to work to do something."

City government, Council President Darrell Clarke, Project HOME and SEPTA all joined forces to make the new hub a reality, Kelley said.

Liz Hersh, director of the city's office of homeless services, noted that the Hub "is a stepping stone. It's not the cure." But Hersh praised SEPTA for their efforts to restore this resource to full use.

"SEPTA has taken the lead on this," she said. "They have really put their money where their mouth is, done something constructive, and taken such a leadership role. They are, I believe, the first transit system in the country to do something like this. It's really extraordinary."

The Hub of Hope doesn't offer housing. But it will offer other services, like showers, laundry, and referrals to other social agencies. The original Hub also had information about housing placement and coffee — but it was only open a few hours a day, a few days a week, during the winter. The new Hub will be open five days a week and is aimed at providing social services that can help transition people out of homelessness.

"People who have really hit rock bottom, they're living on the street, they're carrying everything they own with them," Kelley said. "In consultation with Project HOME experts, we asked what needed to be done. They said we need an engagement center, where people can come to hopefully build trust, bring some order to their lives, and then hopefully create a pathway into real housing."

SEPTA and the city are splitting the new project's $1.4 million price tag. The new Hub will be operated by Project HOME and fundraisers are in the works to help tease out more funding from corporate donors.

But Kelley said the Hub is the type of project that inspires more than your usual philanthropists to open their wallet and help out.

"We're getting a lot of personal donations people stepping up and saying, 'I want to do something myself,'" Kelley said. "People know you can't just hand out money to people, that doesn't usualy work, but now they see a vehicle where people say, 'Yeah, I'd like to help with that, see if it helps,' and we're praying it does."

Commuters scurry past a homeless man in Suburban Station. CHARLES MOSTOLLER

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By writing two little words on social media, women bring awareness to sexual assault

Nearly half of women in the U.S. experience some kind of sexual harassment or violence in their lives.

ERIN TIERNAN
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Women trying to draw awareness to the prevalence of sexual harassment and assault in society have a new rallying cry: Me too.

The two words flooded Facebook and Twitter beginning Sunday night in posts by women who have been the victims of sexual assault or harassment.

The movement, sparked by a tweet posted by actress Alyssa Milano, challenged women to speak up to show how common it is for women to be victimized by sexual assault and harassment.

A note she tweeted read, "Suggested by a friend: If all the women who have been sexually harassed or assaulted wrote 'Me too' as a status, we might give people a sense of the magnitude of the problem."

"If you've been sexually harassed or assaulted write 'me too' as a reply to this tweet," she wrote. She had more than 37,000 replies Monday morning.

Milano's tweet comes on the heels of yet another sexual-harassment scandal involving a powerful man — film producer Harvey Weinstein. More than two dozen women have accused the former mogul of rape and sexual misconduct.

> ***"We might give people a sense of the magnitude of the problem."***
>
> Alyssa Milano, on Twitter

In April, Fox News host Bill O'Reilly was forced out, and the network paid more than $13 million to five women after allegations O'Reilly sexually assaulted female employees for over a decade.

Actor Bill Cosby finally stood trial amid accusations by nearly 60 women that the actor drugged and molested them. A judge declared a mistrial in June, and a new trial is set to start Nov. 6.

The Centers for Disease Control and Prevention estimates 20 percent of women and 2 percent of men in the U.S. have been raped and as many as 44 percent of women and 24 percent of men experience some kind of sexual violence or harassment.

A 2015 study found as many as 71 percent of women who have experienced sexual violence don't report it. By saying "me too," women hope their peers feel more comfortable coming forward.

71%

A STUDY FOUND THAT UP TO 71 PERCENT OF WOMEN WHO HAVE EXPERIENCED SEXUAL VIOLENCE DON'T REPORT IT.

Women are drawing attention to sexual assault with the help of social media. GETTY IMAGES

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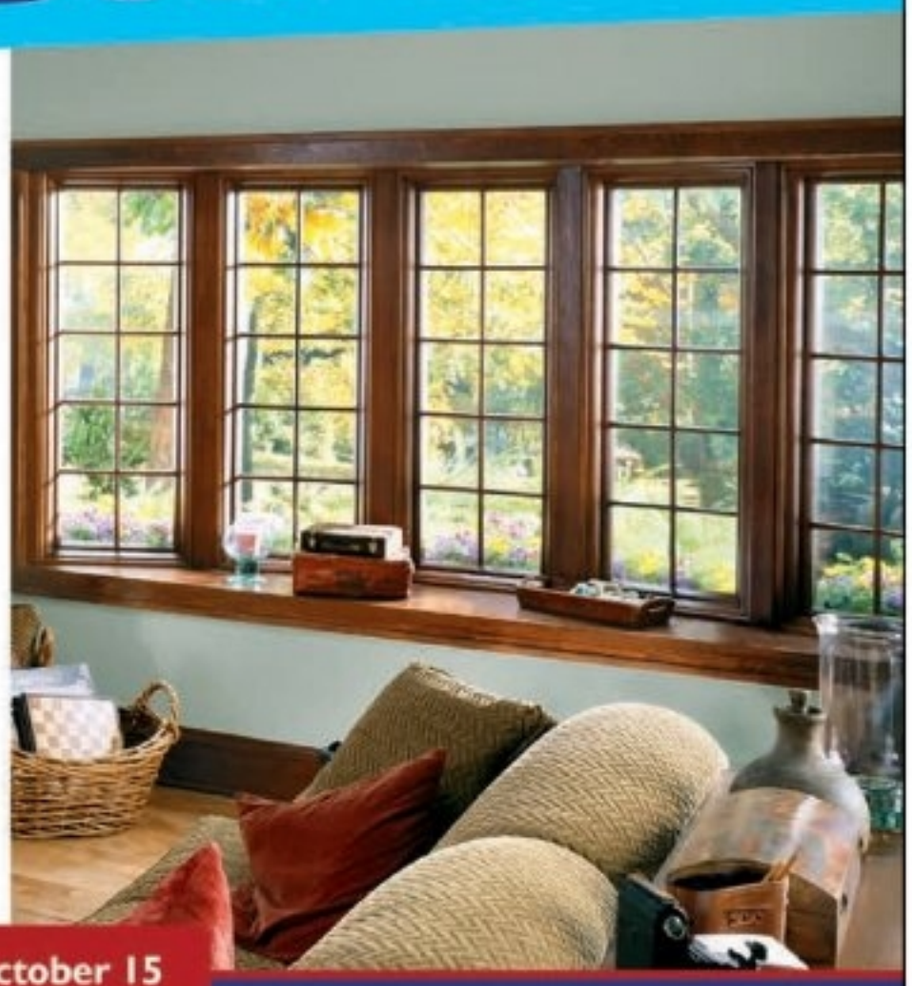

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Three women share their personal #MeToo stories in the hope of raising awareness

The #MeToo campaign shines a light on the magnitude of sexual assault and harassment that people endure.

In light of the viral #MeToo campaign, three women spoke to Metro about their personal experiences with sexual assault and harassment.

MORGAN ROUSSEAU

MADISON, MASSACHUSETTS

My first "real" boyfriend used to sexually assault me in my sleep. I was a teenager, and felt angry, ashamed and humiliated. Most of all, I felt powerless. It happened on more than one occasion, and he always had some excuse as to why he did it ("I was drunk," "I was dreaming," "You looked so beautiful.") Waking up in the midst of an assault carried out by someone I loved and trusted was absolutely horrific. When things as sick as this happen, it's easy to hold it inside until you hate yourself. You feel dirty and guilty, even though you were innocent — even though you were asleep. It's saddening to see how many people have had #MeToo experiences, but I'm proud of every single person who speaks up. The more we can raise our voices, the closer we come to putting an end to this pervasive culture of sexual violence.

CYNTHIA, CALIFORNIA

"When presenting our National History Day projects in high school ... I think ninth grade. The projects were so tall, two of those 3-foot fold-out poster boards stacked one on top of the other. They were on tables so you couldn't see the other side of the room, it felt like a maze. I was looking at my peer's posters when someone grabbed my ass. It was Bryan [a classmate]. He just grabbed my ass hard and kept walking. I was shocked and mortified and no one saw, so I never told anyone. My heart's still racing to this day typing this, and I'm 31 years old."

The #MeToo campaign has drawn support from women worldwide. GETTY IMAGES

KATHERINE, MASSACHUSETTS

"I have had my body touched by uninvited people countless times. I have received unwanted d—k pictures. The worst experience I had was during the winter of 2010. I was working at a restaurant in Davis Square and I would walk home after my shift. I was responsible for part of the late-night menu and would often leave after midnight. One night I was on my way home and was approached by a man who asked me for 'help.' I realized he was exposing himself to me and I yelled, 'No,' running to the closest business: 7-11 at the corner of Cedar and Broadway in Somerville. He ran after me, grabbed me from behind, grabbed my breast and tried to rip open my jacket while I fought. He then ran off. I went to the police, had a sketch done. Nothing came of it. I didn't tell my family what happened because I was afraid they would say that if I didn't work in an industry with late hours and if I drove a car instead of walked this wouldn't have happened. I felt so tired of having to defend my right to exist in a public space and not be assaulted. We have that right. I was assaulted because a man chose to assault me."

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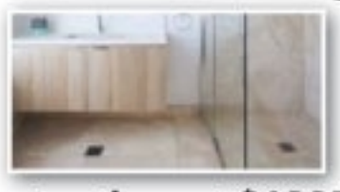

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THREE CRITICAL PIECES OF PHILLY'S VISION ZERO ACTION PLAN

RANDY LOBASSO

Analysis

The city of Philadelphia released its Vision Zero Action Plan on Thursday, Sept. 28. It outlines actions that will make Philadelphia a better, safer place to travel and comes after several years of advocacy from outside groups, including the Bicycle Coalition of Greater Philadelphia.

I recommend everyone read the plan over at. Here are three big ideas from the plan Philadelphia should implement as soon as possible.

Neighborhood slow zones

Philadelphia experiences about 100 traffic deaths each year. Studies have shown that motor vehicle-on-pedestrian crashes at 20 mph give the pedestrian a 90 percent chance of survival. At 40 mph, the pedestrian is 10 percent likely to live.

Neighborhood slow zones could help empower communities to make engineering changes in problem areas.

Public-education campaigns

Philadelphia has a clear high-injury network of streets where 50 percent of all traffic deaths and severe injuries occur. But ask the average citizen about this, and what is being done about it, and you're likely to get a blank stare. It's important that a Vision Zero plan comes with an education campaign.

Have professionals make safety decisions

In 2012, the Philadelphia City Council passed a law giving themselves authority over plans regarding bike lanes and other safety measures. Philadelphia is unique in that politicians — not experts and engineers — have final say over safety and engineering decisions.

The implementation of bike lanes has slowed in Philly since the law was created. No-brainer safety fixes have been blocked or slowed — even along the city's high-injury crash network.

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Michael Fassbender & Alicia Vikander maybe wed

In news that is a huge blow to some of us, Michael Fassbender and Alicia Vikander may be married now. There goes 24-year-old me's hopes and dreams.

Fassbender, 40, and Vikander, 29, reportedly tied the knot in Ibiza over the weekend.

He's a hot dude. She's an Academy-Award winning actress. ALL PHOTOS GETTY IMAGES UNLESS OTHERWISE STATED

Some rando sources tell People that the couple exchanged vows at the La Granja farmstead resort surrounded by friends and family.

Gross!

The couple started dating in 2014 after meeting on the set of a film nobody ended up watching, "The Light Between the Oceans." They made their debut as a couple at the Golden Globes in 2016, where Vikander was a double nominee for her performances in "The Danish Girl" and "Ex Machina."

Good for you guys, I guess.

Demi Lovato is fine with her ex's engagement

A case of the ex.

Over the weekend, a 28-year-old named Joe Jonas — most famous for being the most eyebrow'd of the Jonas brothers — and a 21-year-old named Sophie Turner — most famous for being Sansa Mother Flipping Stark — got engaged. She's too young, but whatever! The real question is: What does Demi Lovato think about it?

Lovato, 25, used to date Jonas way back when in 2010, you see. And she's giving her two cents on the future nuptials. And not surprisingly, she's all about it.

"HUGE CONGRATS," she wrote via Instagram comment. All caps hers, not mine. "Soooo happy for the both of you."

Good thing these two have Lovato's approval. Now let's wait for the rest of the middle Jonas' exes — the Taylor Swifts and the Gigi Hadids — and see what they think. JK, who cares.

the word

Ed Sheeran had a little accident

Get ready for some news that will both shock you and awe you, and make you question why we're even on this Earth in the first place: Ed Sheeran has broken his arm.

The 26-year-old singer posted a picture on Instagram Monday morning of his myriad bad tattoos, his right arm in a cast and a sling on his left.

Shocking. Upsetting. Bad.

"I've had a bit of a bicycle accident and I'm currently waiting on some medical advice, which may affect some of my upcoming shows," he wrote.

The Sun reports that Sheeran was riding his bike in London when he was hit by a car, but that news is so far unconfirmed.

You know, I broke my arm once riding my bike. My elbow to be exact. But it wasn't front page on People. What's the difference between me and Ed Sheeran? That remains to be seen

Kate Middleton cut her hair

Her friendship with Paddington is #inspirational.

Kate Middleton — pregnant with a third child, thus pushing the hot Ginger prince and his American girlfriend further and further away from the throne — made a "surprise appearance" over the weekend. And guess what? She cut her hair!

The Daily Mail refers to it as "shorter" and "glossier." What could it mean!? I don't know, but it did look very good as she was dancing with a man dressed in a giant Paddington Bear costume.

Kate has spent a lot of time out of the spotlight since announcing her pregnancy, as she suffers from severe morning sickness. She even missed Prince George's first day of school! Poor thing.

Her due date hasn't been announced, but who cares? Her hair!

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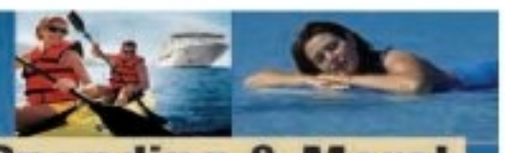

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John Boyega talks 'Pacific Rim: Uprising'

On both sides of the camera.

GREGORY WAKEMAN
@MetroPhilly gregory.wakeman@metro.us

There's a lot of talk about big movers and shakers in Hollywood right now, but one that's receiving nothing but good press is "Star Wars: The Last Jedi" actor and now hands-on producer with his own company is John Boyega. And not one to start small, his first project is the $150 million blockbuster "Pacific Rim: Uprising."

Were you wary about going into another sci-fi franchise?

"Definitely!" says Boyega. "My main fixation was character. I didn't want to do two franchise films where the characters are basically the same thing."

What's the impact of fans on this sequel?

"One of the main reasons why I decided to have behind the scenes creative input is that 'Pacific Rim' is a franchise where the fans are just hopeful about it," he shares. "When the first film came out there was a back and forth about whether a sequel was going to happen, and that was a conversation for a long time. So this is sacred ground … We've made sure that the real fans are pleased but also new fans are up to speed. So we've got all your backs."

John Boyega plays Idris Elba's son in the sequel. UNIVERSAL PICTURES

What made you want to become a producer?

"The thing for me was getting to be involved in the big conversations that actors aren't involved in," says Boyega. "To help influence the project in a way that we can attract the fans we want, because when I wrapped on set as an actor I'd have to go to work as a producer. Which meant having two hour long meetings about visual effects where everything is explained, and I always wanted to implement my ideas into that, and find a place for my love for movies. And it was nice getting a 360 degree view of how things work that wasn't too academic. To be on the ground I learnt a lot, and it also impacts your acting a lot as well just in terms of how many elements are happening on set."

"Pacific Rim: Uprising" will be released in the Spring of 2018.

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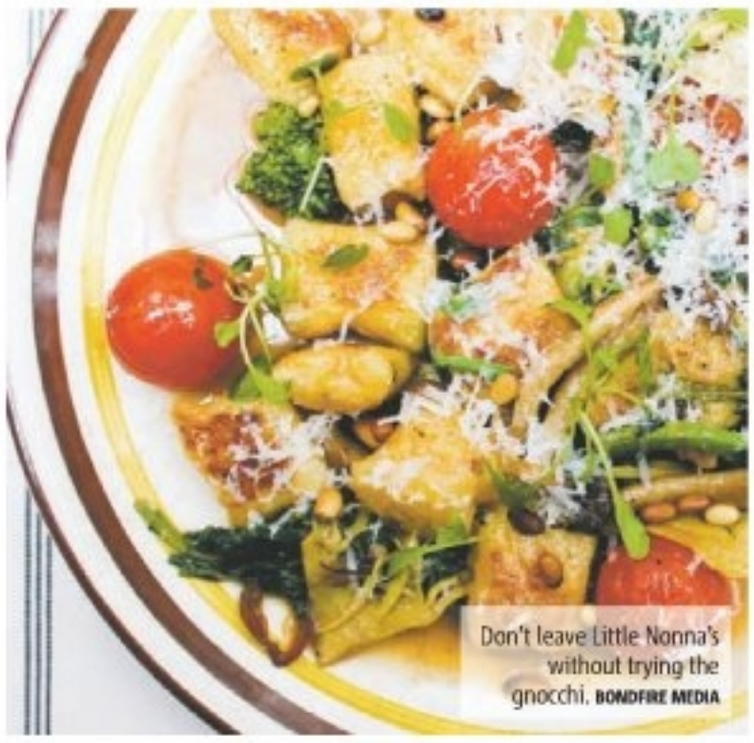

Don't leave Little Nonna's without trying the gnocchi. BONDFIRE MEDIA

Thank goodness for sweater weather.

JENNIFER LOGUE
@jenniferlogue
jennifer.logue@metro.us

National Pasta Day is Tuesday, Oct. 17, and Philadelphia is one of the best places you could be to celebrate it. Whether you're in Washington Square West, University City, Old City or smack dab in the middle of Center City, there are so many options to get your pasta fix. From gnocchi to ravioli to wild boar Bolognese, the hardest part about National Pasta Day is choosing where to eat and knowing when to stop eating.

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Walnut St. Cafe's ravioli has a touch of mint. EVAN SUNG

Little Nonna's
1234 Locust St.
littlenonnas.com
This adorable Italian trattoria will have you feeling cozy the moment you walk in the door. You can choose to dine inside near the open kitchen or venture to the enclosed garden, which feels like it's outdoors but has a roof. If you're not sure what to get, definitely try the pan-seared gnocchi with wild mushroom, roasted celery root, blistered tomato, watercress and truffle butter. It's out-of-this-world yummy.

Walnut St. Cafe
2929 Walnut St.
walnutstreetcafe.com
Open since June, Walnut St. Cafe is a new addition to the University City restaurant scene, serving up eclectic American cuisine from a Michelin-star team in Cira Center South. When it comes to pasta, you have a few mouth-watering choices, but the ravioli with brown butter, ricotta and mint caught our eye.

Barbuzzo
110 S. 13th St.
barbuzzo.com
You can't go wrong with a Philly classic. Barbuzzo, located near Avenue of the Arts, serves up pasta, pizza and more with a Mediterranean flare. If you haven't had it yet, the fazzoletti pasta with roasted butternut squash, cauliflower, house made pancetta, sheep's milk ricotta and walnuts will blow your mind.

Red Owl Tavern
433 Chestnut St.
redowltavern.com
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Projecting the Sixers' 2017-18 lineup

Who will the Sixers have on the floor for their starting five when the season tips off?

EVAN MACY
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evan.macy@metro.us

It's been a wild ride, but we're finally here.

So as the Philadelphia Sixers finally prepare to take the court Wednesday night, in Washington DC, against the Wizards in front of a national television audience on ESPN, who will be their starting five?

Indications are that first overall pick Markelle Fultz won't be starting at point or shooting guard.

Whether it's his recent shoulder injury, his free throw shooting woes, both, or something worse entirely, it appears the first alarm that the 6-foot-4 guard from the University of Washington could wind up as a bust. Or maybe he plays his way into a starting role and it's all just hearsay or early moments of panic.

Regardless, the Sixers should contain a healthy mix of veterans and youth in their top five to open the 2017-18 season.

And who knows? Maybe the Sixers can surprise the league and make the postseason for the first time since the 2011-12 season.

After all, the Eastern Conference is weak enough to admit a few teams with subpar regular-season records into the postseason.

Here is our best guess as to who will be on the floor for Philly come the first jump ball.

JOEL EMBIID

If he's healthy, he's playing. And through two preseason games (with a gigantic $148 million extension along with it) Embiid will almost definitely give ESPN its wish and start the season on the floor for Philly. He is likely to be on another minutes count, somewhere in the mid 20s.

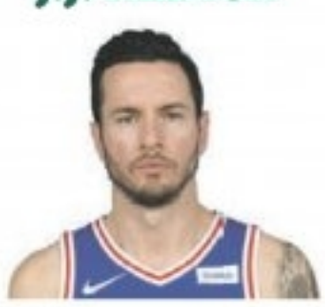
BEN SIMMONS

On defense, he'll guard the other team's power forward but offensively he's the Sixers' point guard. He kicks off his rookie campaign healthy and on no restrictions whatsoever. Expect him to be chasing a triple-double each and every night, so get your popcorn ready.

ROBERT COVINGTON

Covington has turned himself into a quintessential 3-and-D player — combining some of the Sixers' best downtown shooting with the ability to play the best defense of any Sixers' winger. His long arms and athleticism will be key against whoever the opposition's best player is.

J.J. REDICK



At 33, he'll be Philly's oldest starter but perhaps the most important new arrival off the free agent wire in years. In the Sixers' last preseason game he hit two of three 3-pointers and was a perfect 6-for-6 from the free throw line, scoring 18 points in 26 minutes. The Sixers will take that every night.

JERRYD BAYLESS

With Fultz starting as the Sixers' sixth man, and Dario Saric also a key bench player likely to get crunch time minutes, Bayless seems the obvious fit to start — at least early— at point for the Sixers, sharing duties with Simmons but mostly playing off the ball.

WHO DO EAGLES FANS HATE? MAYBE NOT WHO YOU THINK

THE SPORTS PROFESSOR

GLEN MACNOW
@RealGlenMacnow

If there's one cliché that's accurate, it's that we Eagles fans are good at hating. Our invective is aimed at the opposition, the refs, the commissioner, even — more than occasionally — our own. Our ability to loathe is not up for argument.

What has always been debatable, however, is the No. 1 target of our animus. As in Cowboys vs. Giants. As in the smug, fraudulent self-styled "America's Team," vs. the effete enemy at the other end of the Jersey Turnpike.

For me, it's always been Dallas — as much for the faux Cowboys fans infesting our city as for their leather-faced, viscous hypocrite of an owner. But I understand that for many others (including most Eagles players I've ever asked about this) it's the Giants. Each successive Miracle at the Meadowlands makes them that much more gleeful.

Turns out, I may have been comparing the wrong teams. According to a study of all 32 NFL fan bases commissioned by the analytical website 538.com, yes, the most-hated team among Eagles fans is the Cowboys.

But No. 2? It's not the team of Bad Eli Face and Joe Pisarcik's fumble and Tom Coughlin's cherry-red cheeks. Or, these days, Ben McAdoo's $5 haircut.

It's the Patriots.

Hey, I'm surprised, too. Yes, most Eagles fans will swear that Bill Belichick screwed us back in Super Bowl XXXIX (I think Andy Reid lost it more than Cheatin' Bill stole it). And we're all sick of Tom Brady (the NFL's version of Dorian Gray) and, let's be honest, watching yet another Super Bowl featuring those Massholes.

The Eagles and Giants have had some classic clashes, but the Cowboys are most hated, according to surveys. GETTY IMAGES

But do we really hate them more than the Giants?

I've been leery of any public sampling since, well, Nov. 8, 2016 (look it up, if you must). But here are the stats from the poll conducted by Survey Monkey (which is more reputable than its name suggests):

For people who describe themselves as Eagles fans, 51 percent cite the Cowboys among three teams they most "hate." I actually expected the number to be higher, but perhaps some folks are wary of actually saying they "hate" anything.

The Pats come next on the list, at 30 percent. The Giants are third in our hatred at just 22 percent, followed by the Redskins, Ravens and Steelers.

Hard to believe, Harry. The skeptic in me wants to punch holes in the data, and I think this could be the flaw: The survey asked fans across the nation and does not account for geography. So some guy who lives in Montana and likes the color midnight green may declare himself a Birds fanatic but perhaps doesn't understand the depth of our division rivalries.

Or, a large portion of us just can't get over losing that Super Bowl.

Anyway, the Eagles still get to face Dallas twice this season and also travel to the Meadowlands Dec. 17. I don't think there will be any shortage of animosity for those contests.

The Patriots aren't on the schedule until 2019. Unless of course, we get a Super Bowl revenge rematch this winter. In that case, we're going to need all the vitriol we can work up.

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2017-18 NBA PREVIEW

Metro sports editors predict the 2017-18 NBA season.

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Metro Sports Editors in Boston (Matt Burke), Philly (Evan Macy) and New York (Joe Pantorno) made their predictions on which players and teams will reign supreme in the NBA in 2017-18.

East Champs

Burke: Celtics. LeBron has one foot out the door to Los Angeles. By losing to the Celtics in the East Finals it'll give him the perfect excuse to bolt to the Lakers next summer. Isaiah Thomas isn't going to be healthy by New Year's Day and he no longer has Brad Stevens (who propelled Isaiah from a bench player to a legit All-Star in two years) whispering in his ear.

Macy: Cavaliers: The Celtics-Cavaliers Eastern Conference Finals bout could be an epic six- or-seven-game series, but LeBron James is still in his prime and a healthy supporting cast, even with Kyrie Irving in Boston and not

from the Finals unless injuries hit.

Pantorno: Cavaliers. I wish we could just fast-forward to springtime so we can just see this Cavaliers - Celtics Eastern Conference Final matchup. Given Boston's additions this offseason, I understand how choosing between these two is a toss-up, but I always have a hard time going against LeBron James and an angry Isaiah Thomas.

West Champs

Burke: Warriors. I think OKC will be able to snag a game or two from Golden State in the West Finals, but that's about it.

Macy: Warriors. Maybe 2019 goes another way, but in June of 2018 Golden State rises above once again.

Pantorno: Warriors. Unless the Western Conference All-Stars decided to join forces and play competitively, no one is withholding the Warriors Cleveland, is enough for the Cavs to prevail in a very weak East. Isaiah Thomas' addition and perhaps the space opened up for more Kevin Love love — as well as a not-done-yet Dwyane Wade — lifts the Cavs again.

Quick picks

Burke: MVP - Kyrie Irving; Rookie of the Year - Lonzo Ball; Surprise team - Hornets

Macy: MVP - LeBron James; Rookie of the Year - Ben Simmons; Surprise team - Timberwolves

Pantorno: MVP - Giannis Antetokounmpo; Rookie of the Year - Ben Simmons; Surprise team - Jazz

NBA Champs

Burke: Warriors over Celtics in 5. Brad Stevens is 2-2 against the Warriors in the past two seasons, but Golden State's roster remains the best in NBA history. Unfair.

Macy: Warriors over Cavs in 5. They are probably the best basketball team ever assembled. All we can do is sit back and enjoy.

Pantorno: Warriors over Cavs in 7. Curry, Durant, Thompson, Green, depth. Get ready to see the Larry O'Brien Trophy stay by the bay.

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Notice to hereby given that the undersigned will sell to satisfy the lien of the landlord, at public sale, by competitive bidding on **October 24th, 2017 @ 12:00PM** at the Safeguard Self Storage facility located at **830 East Hunting Park Ave., Phila, PA 19124.** The personal goods stored in the following space numbers by the following tenant(s):

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2318 Joan Als, # 2329 Lakeesha Pryor, # 2407 Chamaryl Camacho**

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NOTICE OF PUBLIC SALE OF PERSONAL PROPERTY

Notice to hereby given that the undersigned will sell to satisfy the lien of the landlord, at public sale, by competitive bidding on **10/24/17** at **11AM** at the Safeguard Self Storage facility located at **1221 N Broad Street, Philadelphia PA 19122.** The personal goods stored in the following space numbers by the following tenant(s):

safeguard self storage

**Olivia Johnson 2232, Donnell Ponton A4108, Anthony Ross 1302, Sharifa Bradley 3303,
Carla Hands 0102, Nah-tessa Rambert 2415, Shamell Johnson 4318,
Dwight Benina A4606, Mark House 3115, Tamika Corbin 3118, Doretha Thorpe 0332**

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NOTICE OF PUBLIC SALE OF PERSONAL PROPERTY

Notice to hereby given that the undersigned will sell to satisfy the lien of the landlord, at public sale, by competitive bidding on **Oct. 24, 2017 @ 10:00AM** at the Safeguard Self Storage facility located at **6224 Germantown Ave Phils. PA 19144.** The personal goods stored in the following space numbers by the following tenant(s):

safeguard self storage

**#0114 - William Davis Jr.; #0321 - Jamila Muhammad; #0425 - Brianna Brewer;
#1131 - Gregory Thompson; #2134 - Regine Williams; #2216 - Danielle Reed;
#2320 - Ava Carter; #2406 - Orishafemi Swint; #3304 - Wayne Faucett**

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NOTICE OF PUBLIC SALE OF PERSONAL PROPERTY

Notice to hereby given that the undersigned will sell to satisfy the lien of the landlord, at public sale, by competitive bidding on **Oct. 24, 2017 @ 3PM** at the Safeguard Self Storage facility located at **1333 Rhawn Street Phila. PA 19111.** The personal goods stored in the following space numbers by the following tenant(s):

safeguard self storage

**#2704-Kevin Harrison, #2631-Salvatore Iannitto,
#3210-Megan Mills, #2706-Doris Cain**

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NOTICE OF PUBLIC SALE OF PERSONAL PROPERTY

Notice to hereby given that the undersigned will sell to satisfy the lien of the landlord, at public sale, by competitive bidding on **October 24, 2017 @ 9:00AM** at the Safeguard Self Storage facility located at **1499 66th Avenue Philadelphia, PA 19126.** The personal goods stored in the following space numbers by the following tenant(s):

safeguard self storage

**# 1117 Chalsea Middleton, # 1120 Porisha Boykin, # 1200 Shakira Smalls, # 1206 Diamond White,
1214 Bernard Godwin, # 1221 Pamela Brown, # 1504 Yvette Johnson, # 2122 Frances Feinstein,
2212 Sean David, # 2228 Lynette Clay, # 2329 Aaron Owens, # 2330 Lewis Tillman Sr, # 2404 Malikah Rodgers,
3122 Shaun McKie, # 3202 Chinita Carpenter, # 3227 Felicia Wilson, # 3324 Felecia Petty**

Purchases must be made with cash only and paid at the time of sale. All goods are Sold as is and must be removed at the time of purchase. Sale is subject to adjournment. Safeguard Self Storage Management, Inc.

NOTICE OF PUBLIC SALE OF PERSONAL PROPERTY

Notice to hereby given that the undersigned will sell to satisfy the lien of the landlord, at public sale, by competitive bidding on **October 24, 2017** at **1PM** at the Safeguard Self Storage facility located at **3300 Frankford Avenue, Philadelphia, PA 19134.** The personal goods stored in the following space numbers by the following tenant(s):

safeguard self storage

**#3702 - Maureen Harrison, #3516 - Alferdo Huertas, #2518 - Ana Rivera,
#4309 - Nitcy Zeno**

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Penn Medicine, Renal Hypertension

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ARTICLES OF INCORPORATION NOTICE

NOTICE is hereby given that Articles of Incorporation were filed with the Department of State of the Commonwealth of Pennsylvania on 8/29/2017 with respect to a proposed nonprofit corporation, Iglesia de Dios Pentecostal Filadelfia, Inc. which will be incorporated under the Nonprofit Corporation Law of 1988. A brief Summary of the purpose or purposes for which said corporation is organized is: To be a Church.

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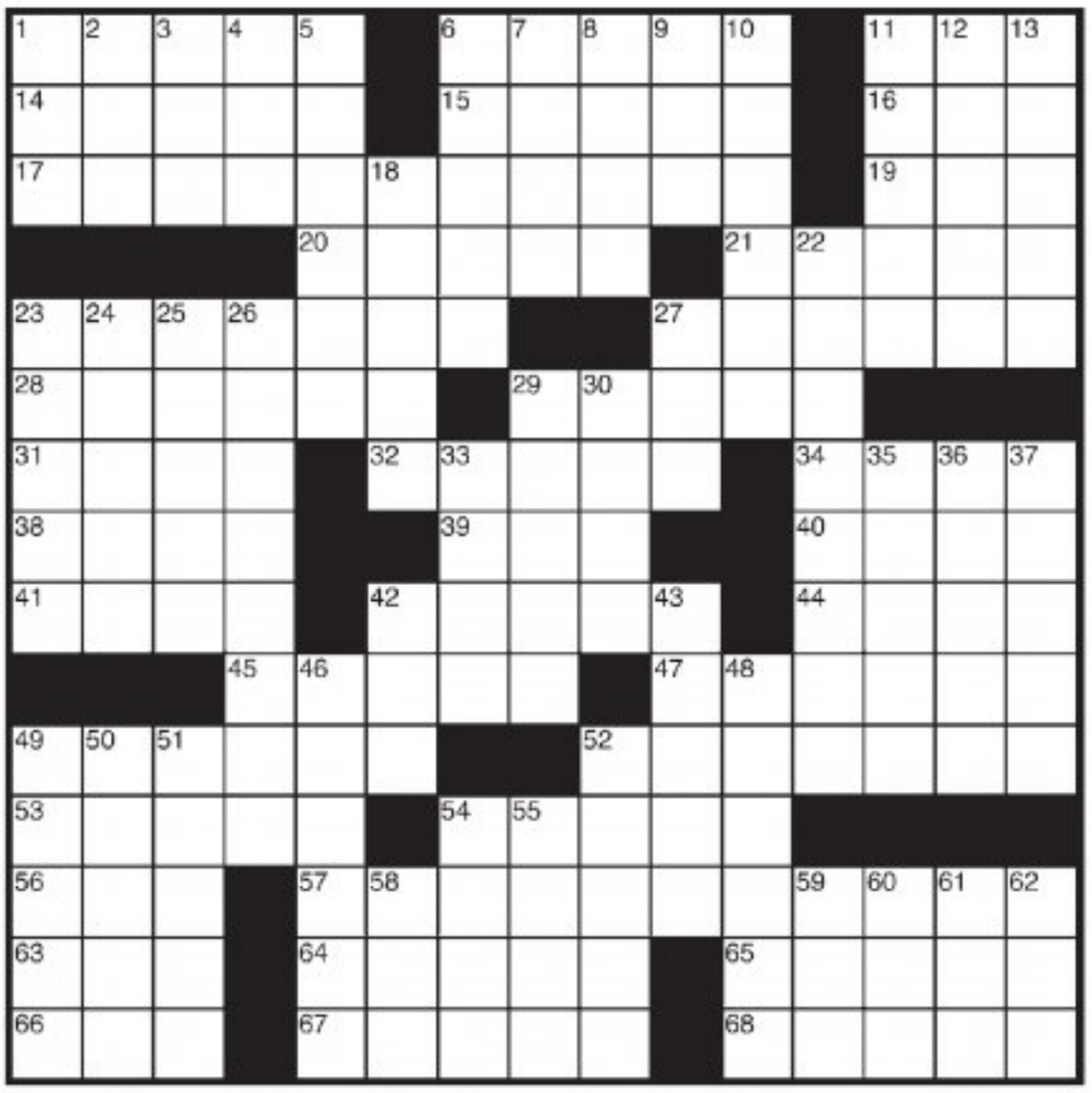
Across

1 Gnat
6 In plain view
11 Invisible substance
14 Kermit's color
15 Tomato product
16 Spanish gold
17 Florida's capital
19 Be ill
20 Fracas
21 Major oil hub
23 Majordomos
27 Edgier
28 Open
29 Hibernating animals
31 British school
32 Man in a mask
34 Cried
38 Clementine's shoe size
39 Delaney of "NYPD Blue"
40 Proclaim
41 Bullring yells
42 Spooky noise
44 Harvard rival
45 Entertainment award
47 Sewing kit item
49 Feathers
52 Most embarrassed
53 In a few hours
54 Used a crowbar
56 Hill builder
57 Not very down-to-earth
63 Finish a cake
64 Intended
65 Geologic period
66 "The," to Wolfgang
67 Mead subject
68 Hedda's thanks

Down

1 Execs
2 Rollover subj.
3 Penn. neighbor
4 Hair goop
5 Shiny paint
6 Iridescent gems
7 Flower container
8 Latin I verb
9 I-90
10 Wobble
11 Hockey scores
12 Pop up
13 -- plexus
18 Avis rival
22 Resolute
23 Good, to Juan
24 Before
25 Juicy steak (hyph.)
26 Eager for company
27 Chinese "way"
29 Bramble
30 Humorist -- Bombeck
33 Gumbo veggie
35 Circumvent
36 Votes
37 Bird sound
42 Shot meas.
43 Pay homage
46 Antitoxins
48 Swirled
49 Laird's wear
50 Spear
51 Out-and-out
52 Rodeo noose
54 Wheels for nanny
55 Casino city
58 PBS funder
59 Health resort
60 2,000 pounds
61 Gross!
62 Ernesto Guevara



metro.us/sudoku

easy

		5	6		7	4	8	
			9					
4	6				3			1
3		9			4		1	
	5						7	
	7		5			2		4
6			8				5	7
					1			
	2	1	3		5	9		

hard

5								9
					4	8	6	
	6	8		9			5	2
9				3	6			
6	5						1	7
			2	5				6
2	3			4		6	8	
	4	1	6					
8								4

metro.us/horoscopes

Aries Personal changes will give you a professional image that will help you get ahead professionally or draw the attention of someone you want to get to know better.

Taurus Don't waffle when given a choice. If you want to make changes, consider your options and find out what's required. Information is key to getting things done right.

Gemini Choose to do something that makes you feel good about the way you look. Spend time with people who make you smile and appreciate you for who you are.

Cancer Personal problems, stress and displeasure with someone you live or work with will weigh heavily on your mind. Stay focused on accomplishment, not on setbacks.

Leo Improved health, proper diet and exercise and the direct handling of emotional issues will help you solve any dilemmas and reach your destination.

Virgo Liven things up a little by taking up a new pastime. Socializing more or spending time volunteering to help others will do you a world of good. Expand your interests.

Libra You may need to make adjustments if you want to fit in to a group or situation that requires unity. Bend a little, and others will meet you halfway.

Scorpio Keep your plans simple and doable. If you take on too much, you will fall short of your goal. You can ride a wave to victory if you are careful and observant.

Sagittarius Emotional stress can weaken your immune system. Take time to rejuvenate before you take on more responsibilities. Overreacting or arguing will be exhausting.

Capricorn Take a moment to gather information. Being informed will help you avoid mishaps when dealing with institutions or bureaucracy. Know what's expected of you.

Aquarius You have more leverage than you realize. Step things up and make clear what you want to see happen. Love is highlighted, and a commitment can be made.

Pisces Look at your financial situation. It's in your best interest to move funds around to accommodate some of the plans you want to pursue. EUGENIA LAST

Yesterday's answers

R	E	E	D	■	U	S	U	R	P	■	A	C	H	E
O	D	I	E	■	N	I	C	H	E	■	P	O	E	T
W	I	R	E	■	S	P	L	I	T	■	P	E	L	T
S	T	E	P	P	E	■	A	N	A	C	O	N	D	A
■	■	■	E	R	A	S	■	E	L	H	I	■	■	■
C	L	A	R	I	T	Y	■	■	S	I	N	B	A	D
H	E	N	■	G	E	R	M	S	■	A	T	R	I	A
A	R	T	■	■	D	I	A	L	S	■	■	A	M	T
N	O	I	R	E	■	A	V	A	I	L	■	W	E	E
T	Y	C	O	O	N	■	■	S	M	E	L	L	E	D
■	■	■	G	N	A	T	■	H	U	G	E	■	■	■
A	C	C	U	S	T	O	M	■	■	L	O	A	D	E	D
A	L	A	I	■	U	T	I	C	A	■	F	I	L	E
H	I	P	S	■	R	E	L	I	T	■	E	M	I	R
S	O	P	H	■	E	D	D	I	E	■	D	E	A	N

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